## **Upcoming Events**

June 1: Mother's/Father's Day. Come celebrate this joint Mother's and Father's Day holiday with your friends at the Maxwell Center. If you have RSVP'd for your meal please, stop by the Maxwell Center from 4-5:30pm to receive it. Meal consists of lemon chicken, roasted sweet potatoes, steamed green beans, garden salad and a roll.

June 2: Cardio Drumming. Cardio Drumming is a new low-to-medium intensity level class where participants are drumming the yoga ball to the beat of music for cardio. Every Wednesday and Friday seniors are invited to participate in this socially distanced exercise class in the Maxwell Adult Center Parking Lot. Class begins at 8:30am. Please call the Community Center at 281-478-2050 to register for this free event.

June 4: TGIF! Catch up with us to see what's happening at the Maxwell Center! Call us at 281-478-7276 to register for a WebEx link in order to be used on Friday, June 4th at 1pm. Please register by Thursday, June 3 at noon.

June 8: Lemonade Day. Join us as we hand out pre-packed, sealed containers of homemade lemonade during curbside meals to celebrate Lemonade Day! 50 participants are guaranteed to received a cup.

June 10: Bed Bug Awareness Day. As the temperature gets warmer and the likelihood of travel increases, the risk of running into some bed critters are likely. Do not be caught unprepared to fend off your space with this travel size bed bug repellant. During curbside and homebound meals, 50 participants will receive a bed bug repellant spray.

June 10: Family Feud. Seniors are invited to participate in a game of Family Feud via Webex at 11am. Seniors will log on and be divided into two teams, the team with the most points at the end wins the game and will be awarded a prize that can be picked up via curbside. Please call the Community Center at 281-478-2050 to register for this free event by June 7th at 5pm.

June 12 & 26: Parking Lot Bingo will be conducted for Deer Park residents aged 55 and older at the Maxwell Adult Center. Bingo starts at 9am.

June 14: Senior Water Aerobics. Water aerobics is a low impact activity that provides exercise, but less stress on your joints and muscles. Participants will go to the Dow Park Pool for an one hour session. Classes are Monday's and Wednesday's at 10am starting June 14th and ending August 4th. There will be no classes held on the week of July 5th. Please call the Community Center at 281-478-2050 to pay the one time \$20 registration fee.

June 16: Soothing Bath! After the long summer day, relax in your personally made lavender milk to whisk you away into pure tranquility. Seniors are invited to participate in a socially distanced crafts class in the McHenry Pavilion to make lavender milk baths at 1pm. All supplies are provided. Please call the Community Center at 281-478-2050 to register for this free event by June 9th.

June 18: Men's Health Day. During curbside meals male participants will receive a health kit that will include shaving cream, body spray, comb and body wash to kick off Father's Day weekend.

## **Book Worm Club**

Seniors are invited to participate in a book club hosted by the City of Deer Park Library the second Tuesday of each month at 4pm. Participants will join a socially distanced readers club at the library to discuss the months reading. Books can be checked out at a limited supply at the Deer Park Library.

Tuesday, June 8
"The Guest List" by Lucy Foley
(suspense/thriller fiction)

Tuesday, July 13
"When No One Is Watching" by Alyssa Cole
(psychological suspense)

Tuesday, August 10
"Anxious People" by Fredrik Backman
(relationship fiction)

Tuesday, September 14
"In a House of Lies" by Ian Rankin
(police procedurals fiction)

If you are interested please call the Library at 281-478-7208 to join the mailing list for information.



## **Dog Days of Summer**

(Monday, June 21, 2021 from 5p- 6:30p)

Help us kick off the start of the summer with a concert and BBQ! The John Barraza Project will bring you the best summer tunes while you enjoy a catered meal from Cattle Drive that will consist of a BBQ loaded potato, a dessert and bottled water. Please call the Community Center at 281-478-2050 to make your \$5.00 per

June 20: Happy Father's Day!